



Bring this flyer with you to receive \$5.00 off.

# Sports Medicine Team

All students receiving a physical ***MUST*** have a physical card signed by a parent / guardian prior to proceeding with the exam.

# SPORTS PHYSICALS

**Wednesday, June 13, 2018**

**De La Salle Collegiate HS**

**10:30-1pm**

**MUST BE A DLS STUDENT TO ATTEND**

**Wednesday, June 20, 2018**

**De La Salle Collegiate HS**

**4:30-7 PM**

Open to the Public – Any student may attend  
Please enter through the Athletic Entrance

- Cost: **\$25.00**
- Middle & High school students are welcome.
- **Functional Assessment Screening includes:**
  - Assessment by licensed health care professionals.
  - Screening to identify areas of opportunity for improved muscle strength, flexibility, balance & coordination, which can improve athletic performance.
  - Written exercises and recommendations to correct problem areas will be available.
  - Licensed Athletic Trainers, Physical Therapists, Registered Nurses, and Physicians will be on-site to answer any questions. Athletic Trainers are also available at your high school.
- **The St. John Providence Heart and Vascular Mobile Screening Center** provides convenient access to our student heart check service. Watch for dates and locations near you.

## Frequently Asked Questions:

MHSAA physical forms are provided; however, can also be downloaded at [www.mhsaa.com](http://www.mhsaa.com)

- No appointment is needed
- Parents are not required to attend; however, encouraged to be present. **If not in attendance a parent signature is required on the physical card**
- Physicals obtained at all the dates provided are valid for the 2018-2019 school year
- Attendance is open to the public at all locations
- This event is considered an out of pocket expense
  
- Cash or Check only
- Make checks payable to ***St. John Hospital***
- The Sports Medicine Team does not keep records or copies of completed physicals.
- In the event of unforeseen circumstances, St. John Hospital reserves the right to cancel a scheduled event.

**Questions Please Contact:** Jacki DuFour (586) 612-7373